



# Mount Bandhaw THE MYSTIC MOUNTAIN

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**As a spiritual mountain, Mount Banahaw is said to be a source of psychic energy, with numerous reported miraculous physical and spiritual healings.**





**As such it attracts a variety of mystics, psychics, faith healers, hermits, religious pilgrims and cults. Religious visitors are said to commune with mountain spirits.**





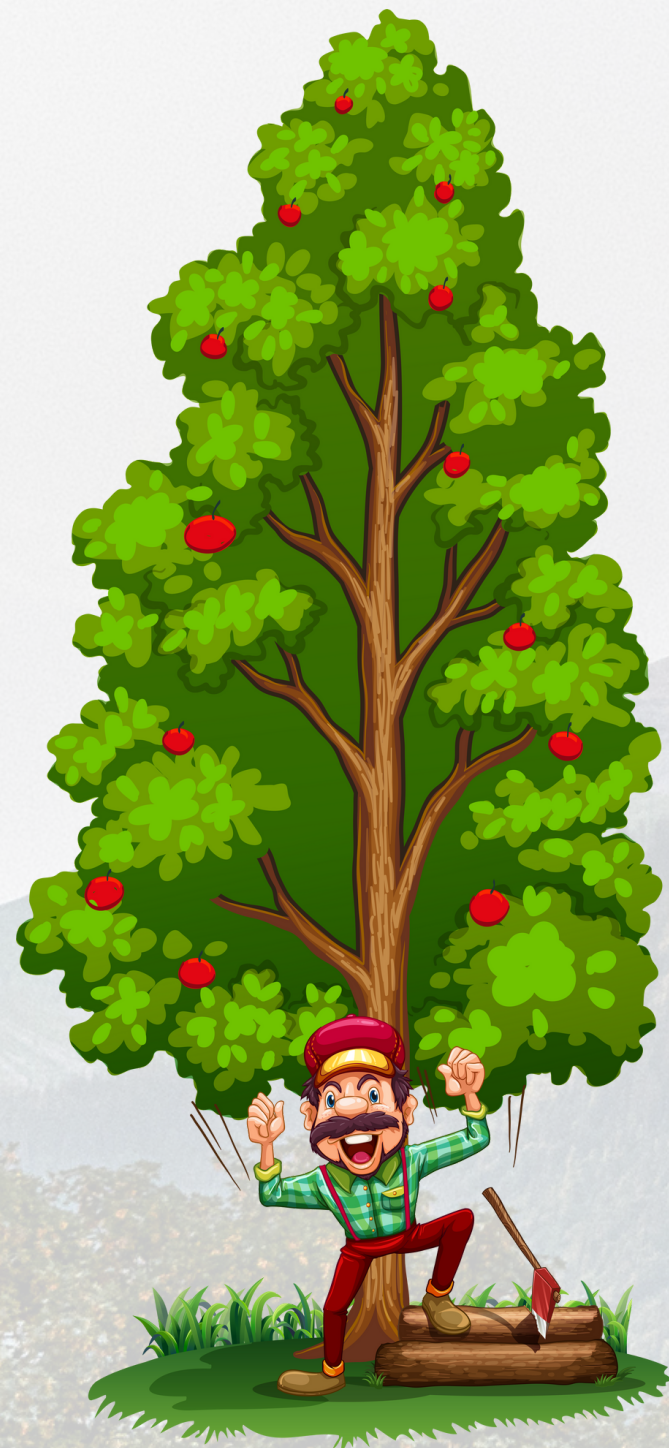
**Apparently, the mountain also has a number of caves which are inhabited from time to time by religious hermits.**





**There are multiple legends associated with the mountain. One holds that four Archangels made Mount Banahaw its home because of trouble in the Middle East.**





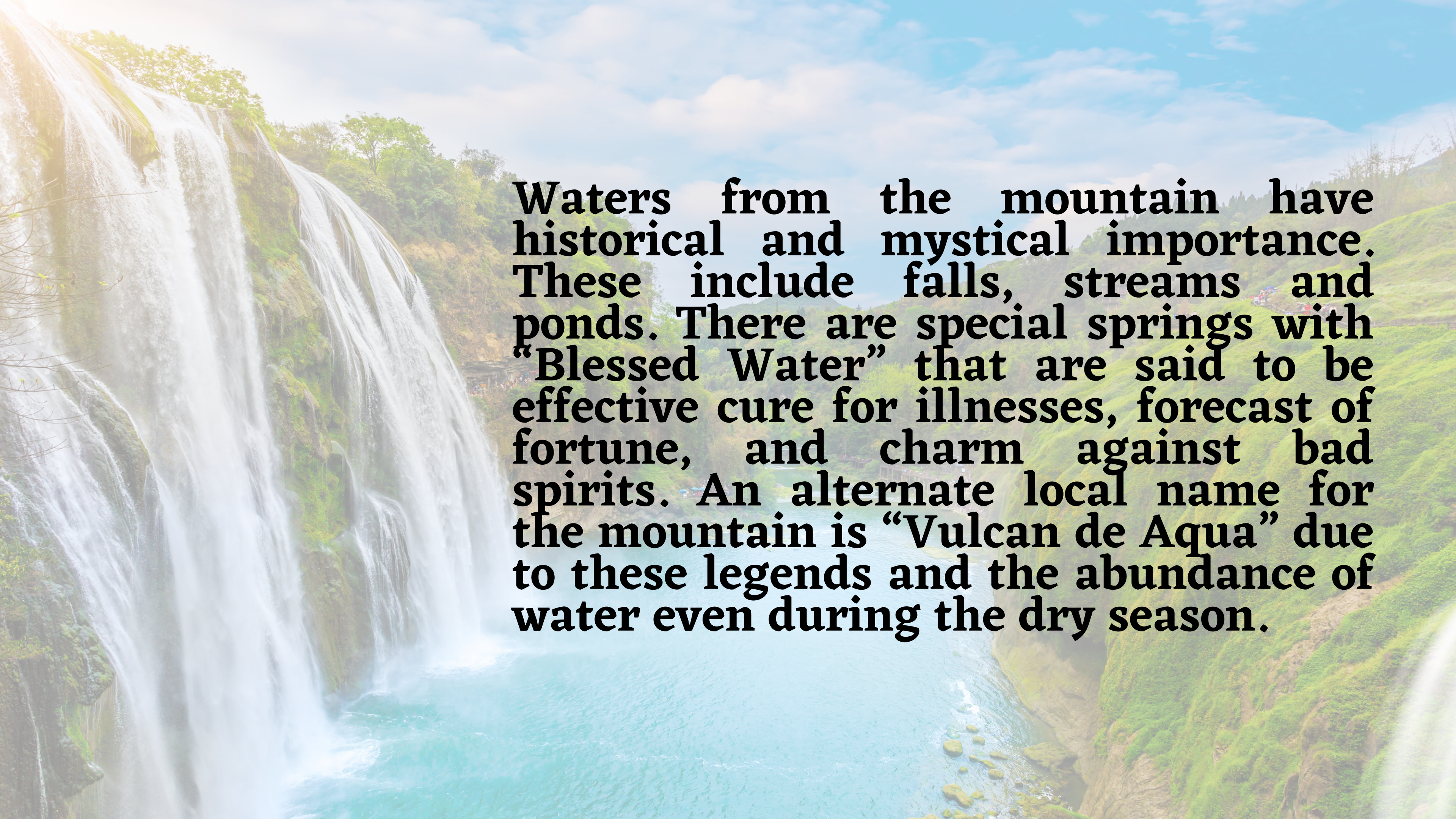
**Another is that a Chinese woodcutter who joined a revolt against forced labor was dismembered by the Spanish. He came back to life and was transported to Majayjay near Mount Banahaw.**



**A third has a famous mystic given names of holy places in the mountain by a Holy Voice. He visited the mountain to search for treasure. When he tried to leave, he lost his sight, which returned when he returned to the mountain. He stayed on as one of its hermits.**







**Waters from the mountain have historical and mystical importance. These include falls, streams and ponds. There are special springs with “Blessed Water” that are said to be effective cure for illnesses, forecast of fortune, and charm against bad spirits. An alternate local name for the mountain is “Vulcan de Aqua” due to these legends and the abundance of water even during the dry season.**



**As Banahaw is thought to be the home of good spirits, there is not enough good to go around. Neighboring San Cristobal is known as the “bad mountain” harboring bad or unfriendly spirits.**

